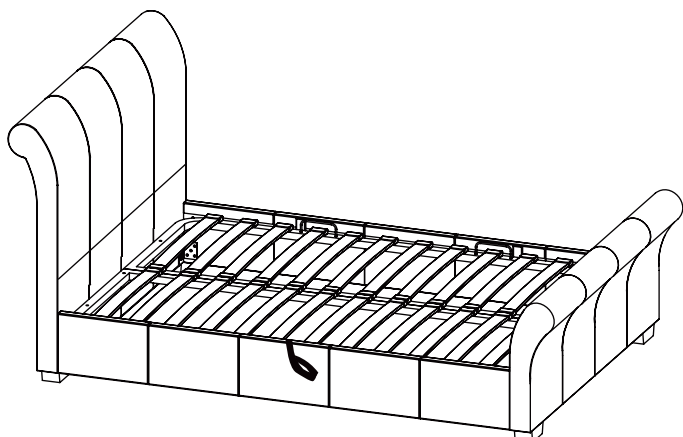


PLEASE READ this sheet prior to assembly to familiarise yourself with the various stages of construction. Carefully open the pack supplied and check the contents against the parts and fittings check list.

Do not destroy any of the packaging until you are certain that you have all the necessary parts for the assembly.

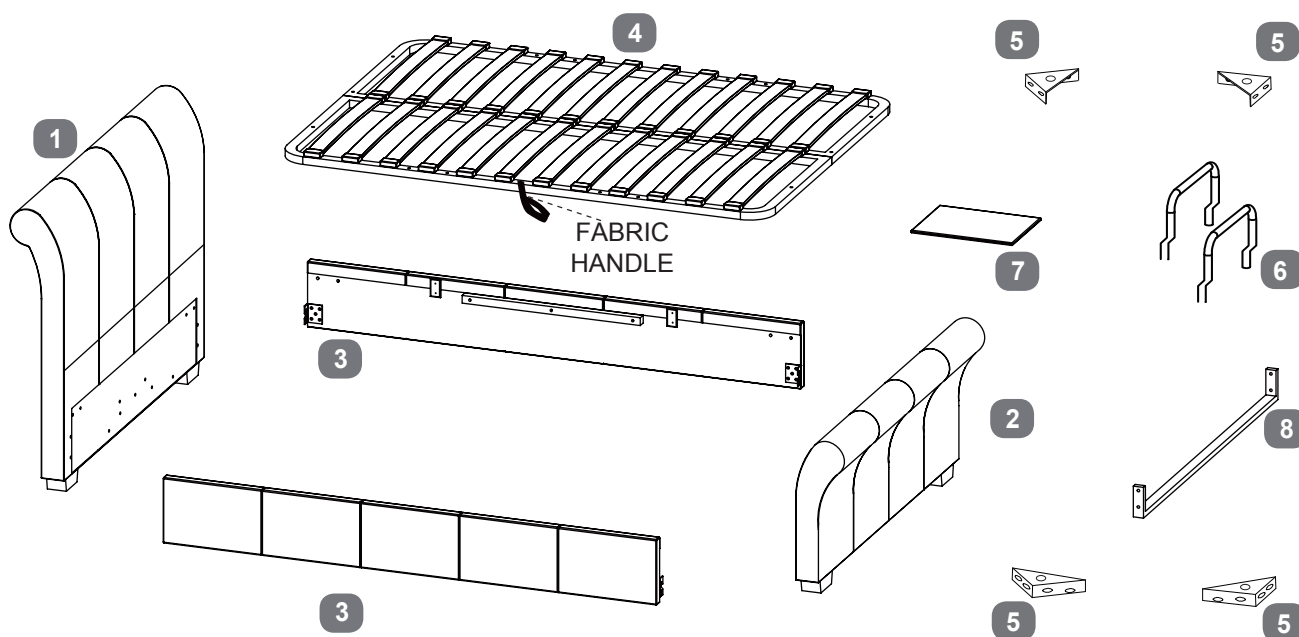
Please ensure that the packaging is disposed of in a safe environmentally friendly way.

CAUTION: There are small components used in the construction of this unit. These loose items should be kept away from young children during assembly, to avoid the danger of choking.



IMPORTANT: BEFORE STARTING TO ASSEMBLE THE BED - PLEASE READ THESE INSTRUCTIONS CAREFULLY

### Parts Identification

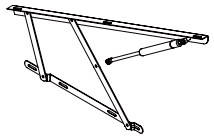
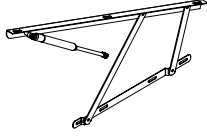


### Parts Checklist

Ref.	Description	Qty	Ref.	Description	Qty
1	Headboard	1	5	Angle Brackets	4
2	Footboard	1	6	Mattress Stoppers	2
3	Side Panels	2	7	Fabric Base Cover	1
4	Metal Slat Frame	1	8	'U' Shaped Cross Bar	1

## Fittings Checklist

### HARDWARE NEEDED FOR FITTING GAS-LIFT MECHANISMS (PACK A)

Code	Description	Qty	Code	Description	Qty
A	Bolts (M8x30mm) for fitting gas-lift mechanisms (M) to headboard & footboard (1&2)	x8	M (a)		x1
B	Spring Washers (for M8 bolts)	x8	Gas-Lift Mechanisms		
C	Flat Washers (for M8 bolts)	x8	M (b)		x1
D	Allen Key (for M8 bolt)	x1			

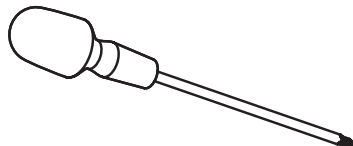
### HARDWARE NEEDED FOR BED ASSEMBLY (PACK B)

Code	Description	Qty	Code	Description	Qty
A	Bolts (M8x30mm) for fitting side panels (3) to headboard & footboard (1&2)	x24	C	Flat Washers (for M8 bolts)	x24
B	Spring Washers (for M8 bolts)	x24	K	Screws (5x50mm) fitting 'U' shaped cross bar (8) to side panels (3)	x4

### HARDWARE FOR FITTING METAL SLAT FRAME (PACK C)

Code	Description	Qty	Code	Description	Qty
B	Spring Washers (for M8 bolts)	x6	F	Nuts (for M8 slat frame bolts)	x6
C	Flat Washers (for M8 bolts)	x12	G	Flange Lock-Nuts (M8) for gas-lift pistons	x2
E	Bolts (M8x50mm) for fitting metal slat frame (4) to gas-lift mechanisms (M)	x6	H	Spanner (for M8 nut)	x1

## Additional Tools Required



Cross-head Screwdriver

## Care & Maintenance

In the unlikely event of missing or damaged parts, please contact the customer service team on 0344 292 00 00. When calling this number, please quote the part code reference numbers shown in this leaflet when requesting spare or replacement parts.

## General Hints & Tips



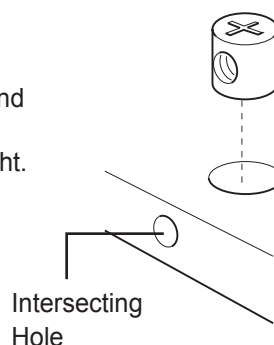
Please retain your assembly instruction and tools provided for future use. Periodically check that all bolts are still tight.

Assembly requires two persons.



1 HOUR

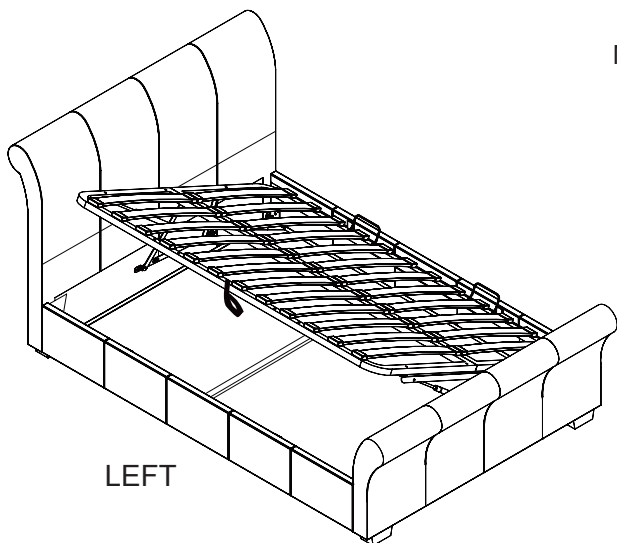
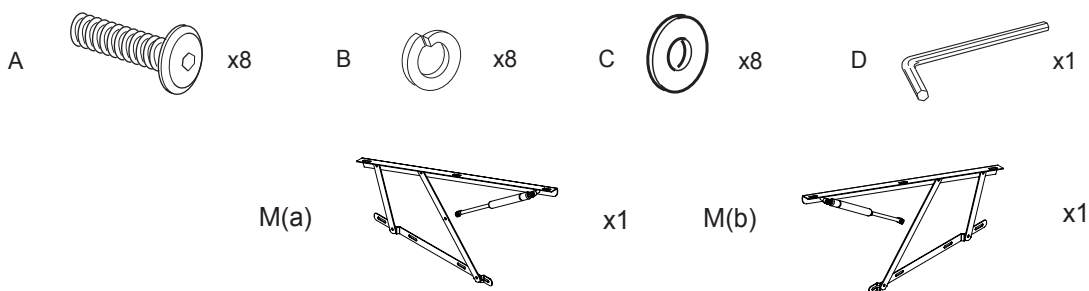
Approximate time to assemble this product



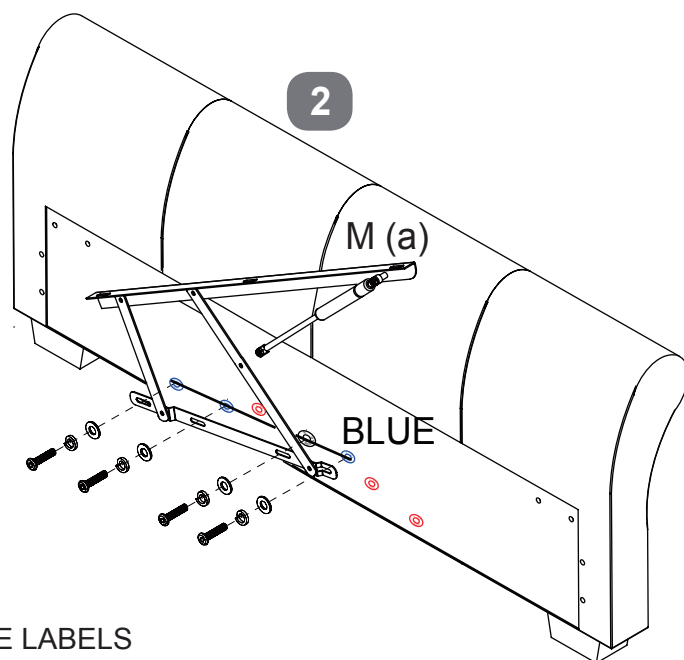
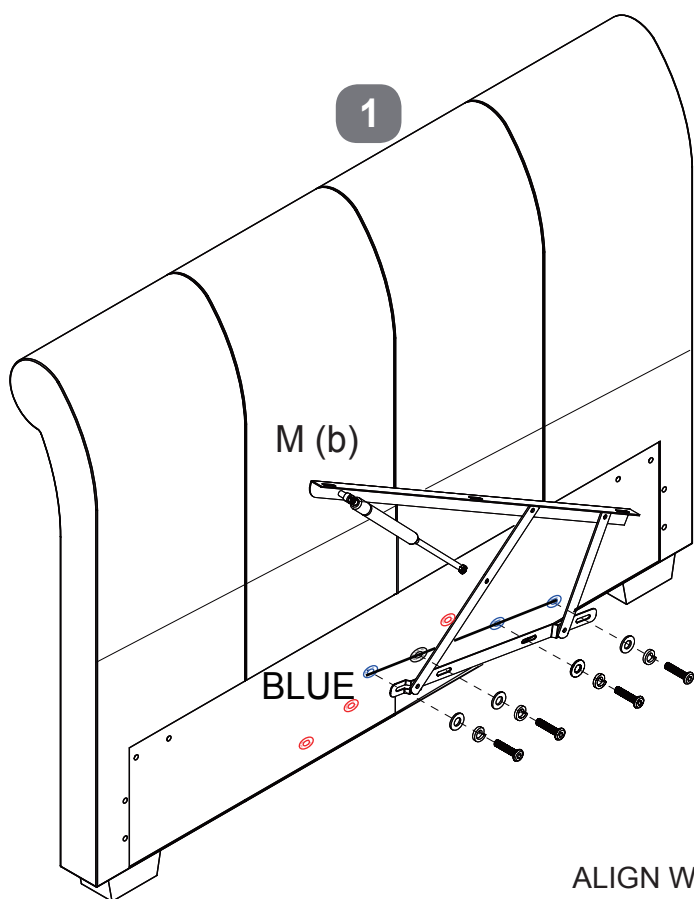
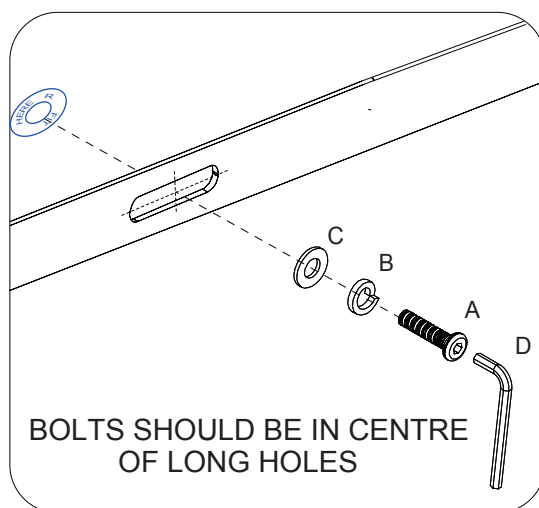
When they are supplied and are part of the assembly of this bed, ensure that the barrel nuts are fitted the correct way so the hole in the nut is facing towards the intersecting hole in the panel.

We recommend the bed is assembled in the room it shall be located in.

Stage  
1a



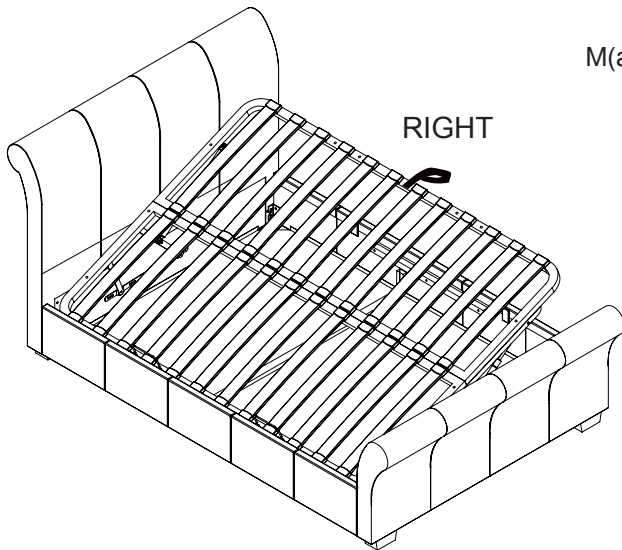
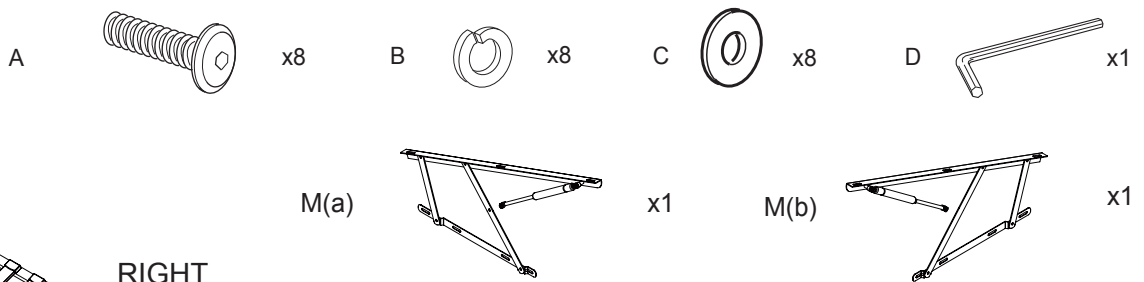
CHECK THIS DIAGRAM AND IF ACCESS IS NEEDED FROM LEFT SIDE OF BED, FIT BOTH LIFT MECHANISMS TO **RIGHT** SIDE OF THE BED. BOLT INTO THE HOLES MARKED (R) WITH BLUE LABELS. THE MECHANISMS ARE LABELED M(a) & M(b) PLEASE CAREFULLY FOLLOW THE DIAGRAM BELOW.



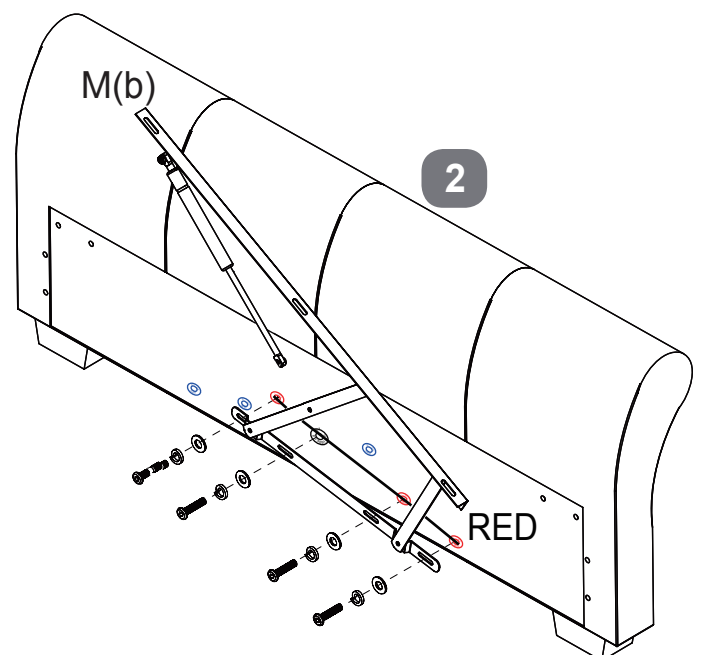
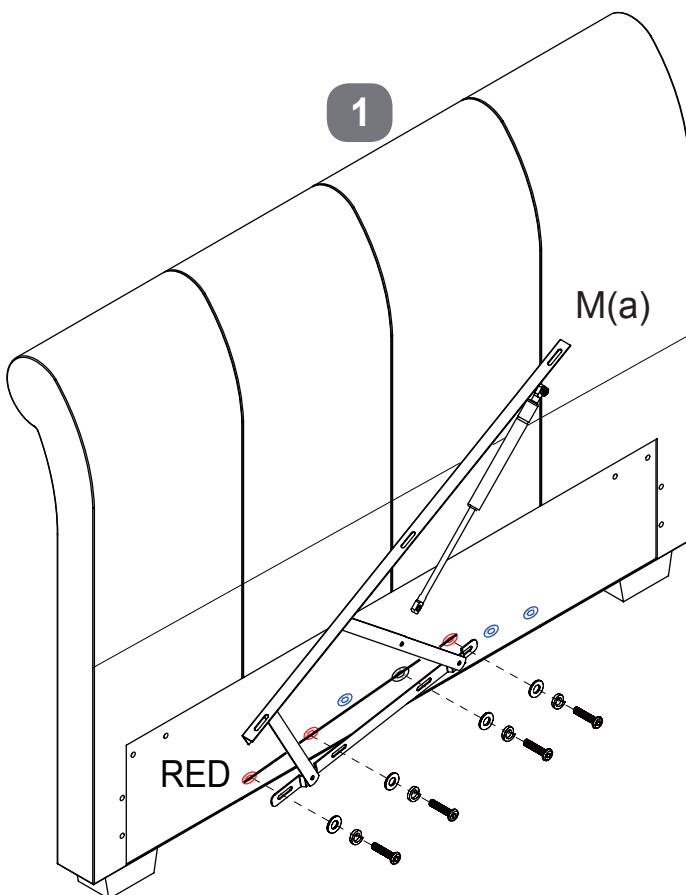
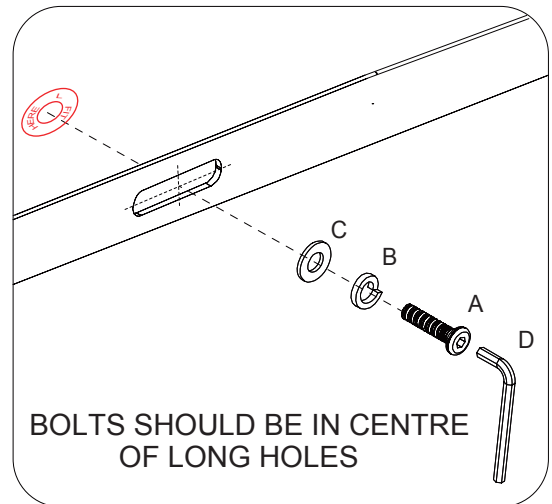
ALIGN WITH BLUE LABELS  
MAKE SURE FIXING BOLTS ARE IN  
THE CENTRE OF THE LONG HOLES

# Fitting Gas-Lift Mechanisms- Use Pack 'A'

Stage  
1b



CHECK THIS DIAGRAM AND IF ACCESS IS NEEDED FROM RIGHT SIDE OF BED, FIT BOTH LIFT MECHANISMS TO **LEFT** SIDE OF THE BED. BOLT INTO THE HOLES MARKED (L) WITH RED LABELS. THE MECHANISMS ARE LABELED M(a) & M(b) PLEASE CAREFULLY FOLLOW THE DIAGRAM BELOW.



ALIGN WITH RED LABELS  
MAKE SURE FIXING BOLTS ARE IN THE CENTRE OF THE LONG HOLES

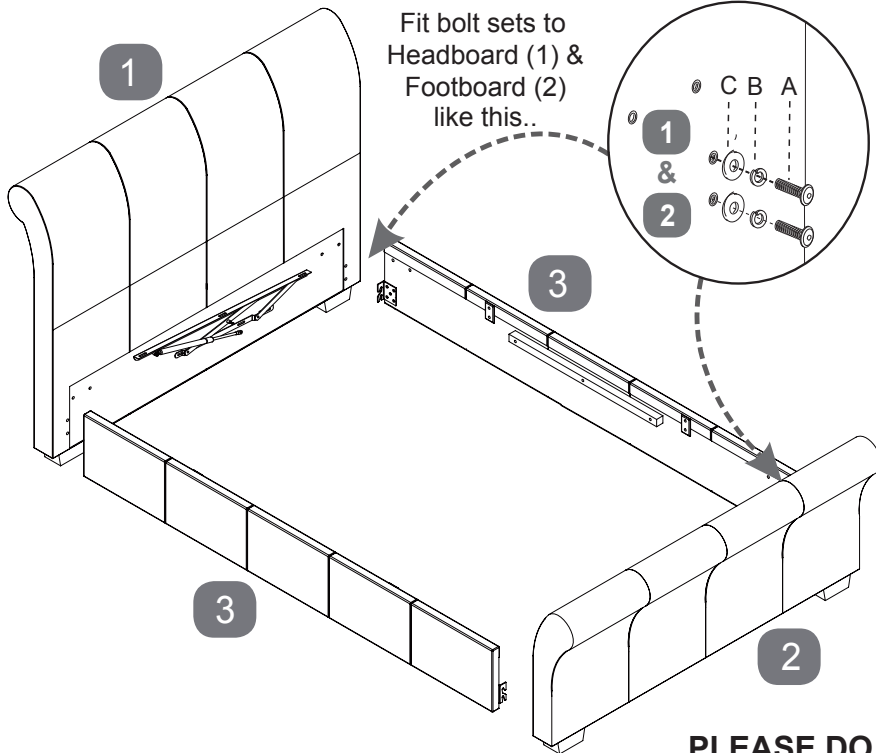
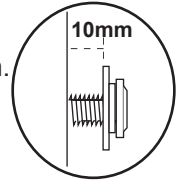
## Bed Assembly - Use Pack 'B'

### Stage 2

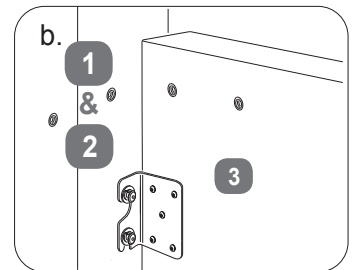
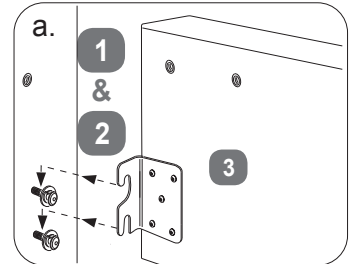


- i) Loosely insert two sets of Bolts (A) with spring washers (B) & flat washers (C) into each side of Headboard (1) and Footboard (2).

Note: Do not tighten fully but leave 10mm protruding as in the diagram.

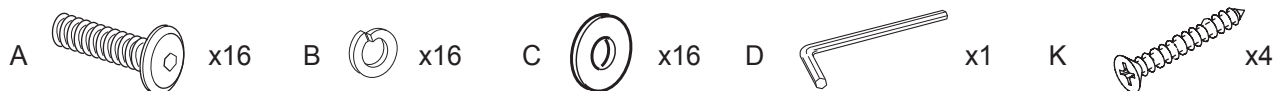


- ii) Fit the side panels locating the brackets behind the flat washers.

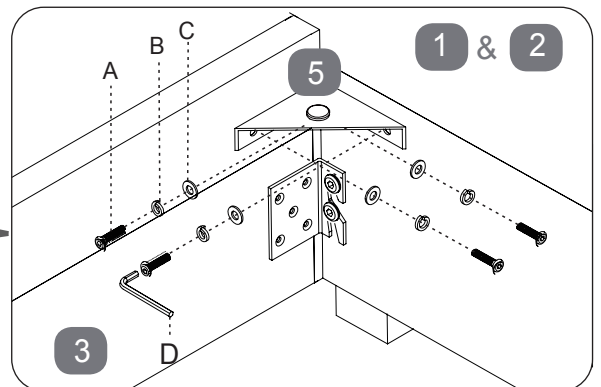


**PLEASE DO NOT TIGHTEN ANY BOLTS YET.**

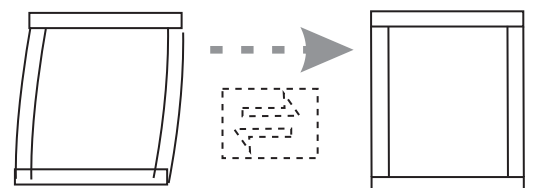
### Stage 3



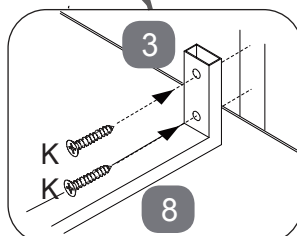
- iii) Square up the bed to 90 degrees - then using sets of bolts (A), spring washers (B) & flat washers (C) fit Angle Brackets (5) into threaded inserts in the corners of Headboard & Footboard (1&2) & Side Panels (3).



- iv) MAKE CERTAIN THE BED IS SQUARED UP, AS SHOWN IN THE DIAGRAM



- v) Fit the 'U' Shaped Cross Bar (8) to centre of each side panel (3). Line up the bar between the two mark lines & fix into the side rails using screws (K). Note the screws drive straight into the side rail itself, there are no pilot holes.

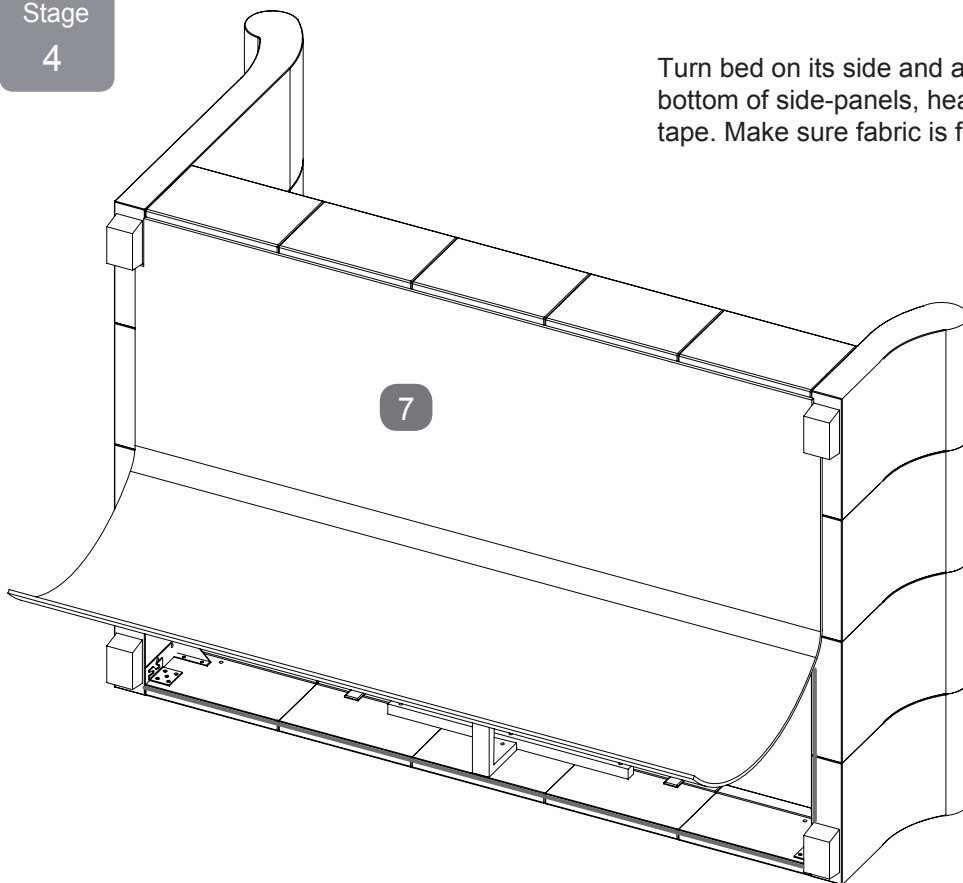


- vi) Once all four corners are located tighten all the bolts using the Allen key (D).

## Bed Assembly

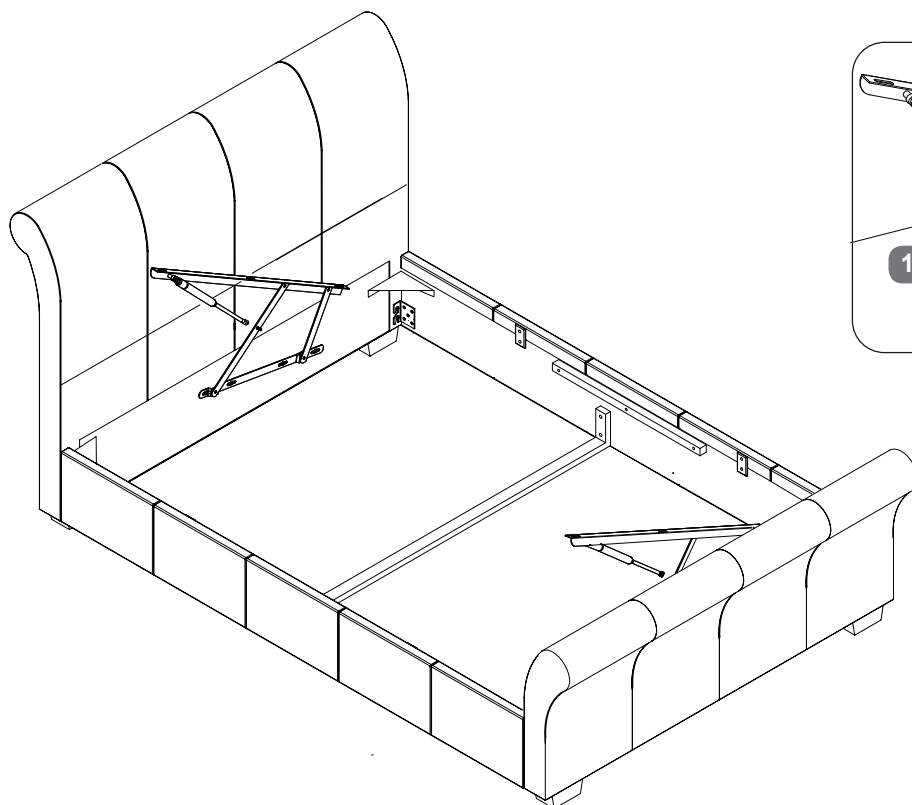
Stage  
4

Turn bed on its side and attach Fabric Base Cover (7) to bottom of side-panels, headboard & footboard with the velcro tape. Make sure fabric is fixed evenly all round.

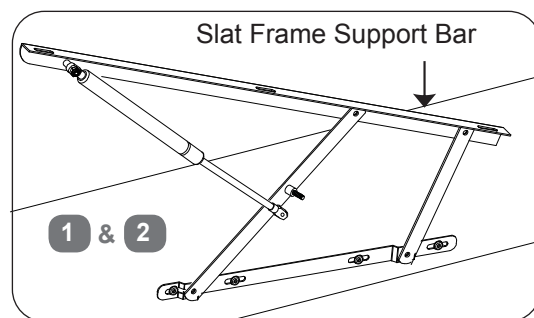


## Fitting Slat Frame

Stage  
5

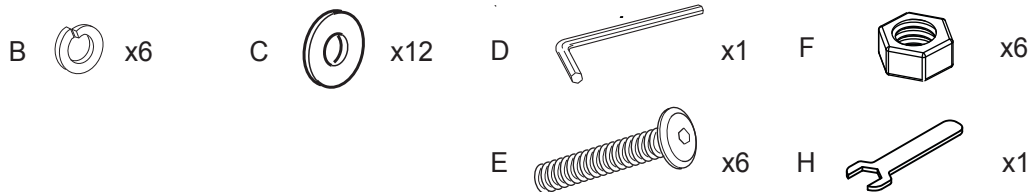
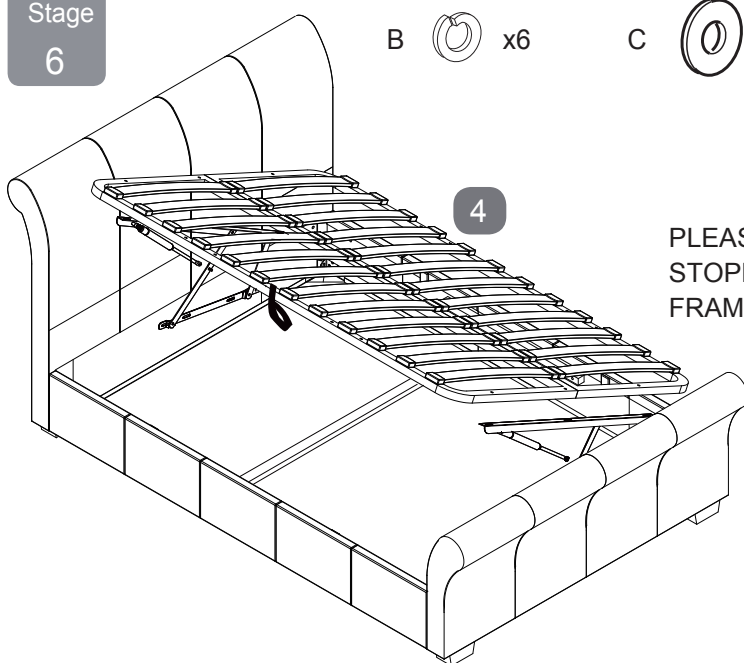


HOLD THEM FORWARD



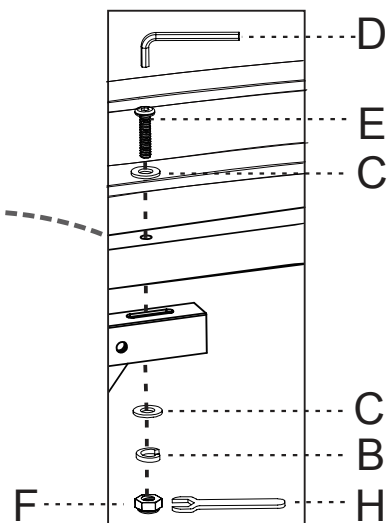
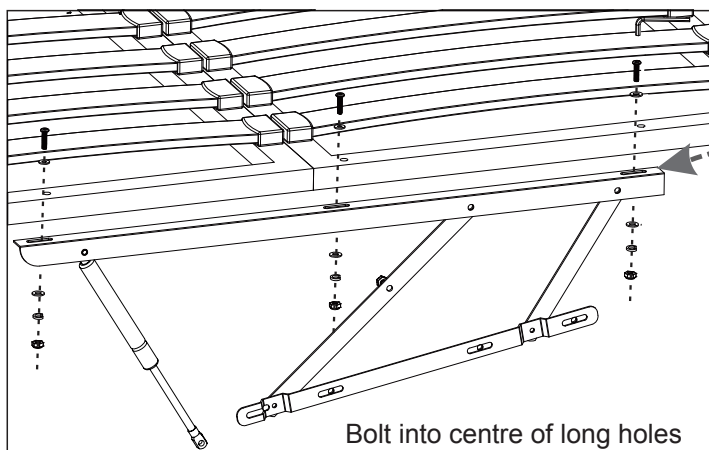
## Fitting Slat Frame - Use Pack 'C'

Stage  
6



PLEASE NOTE: MAKE SURE THE HOLES FOR MATTRESS STOPPERS ARE ON THE CORRECT SIDE OF THE SLAT-FRAME BEFORE BOLTING TOGETHER.

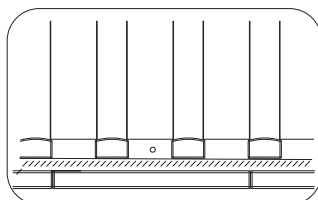
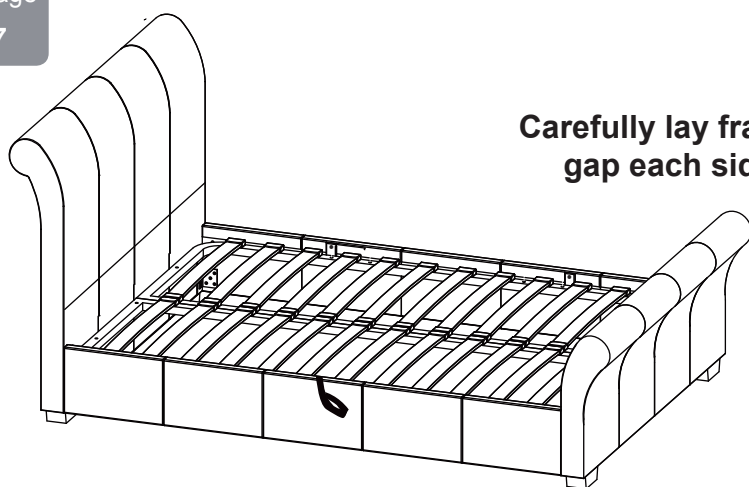
- With help, lift Slat Frame (4) onto slat frame support bars.
- Using two bolt sets on each side, (E), (C), (B) & (F), loosely fix slat frame to six holes - finger tight.



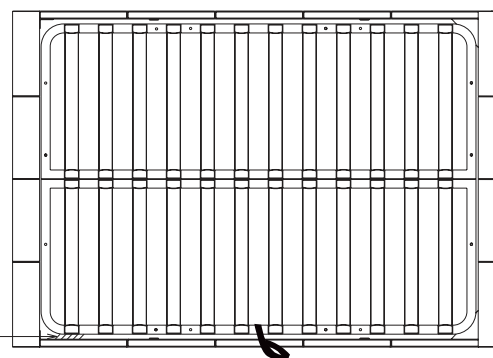
Stage  
7



Carefully lay frame down. Make sure there is an even gap each side of about 10mm, as in the sketch.



10mm

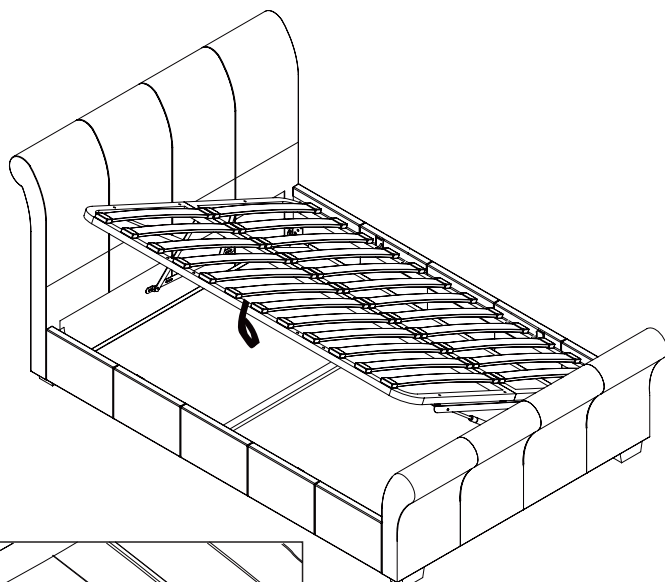


Hold frame then tighten all six bolt sets 100% using spanner (H) & Allen key (D).



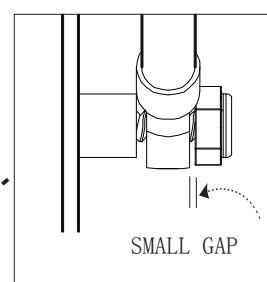
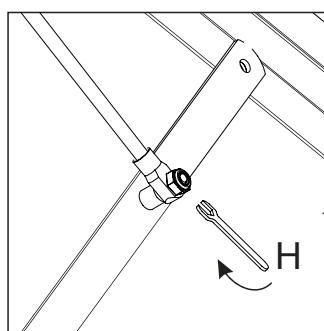
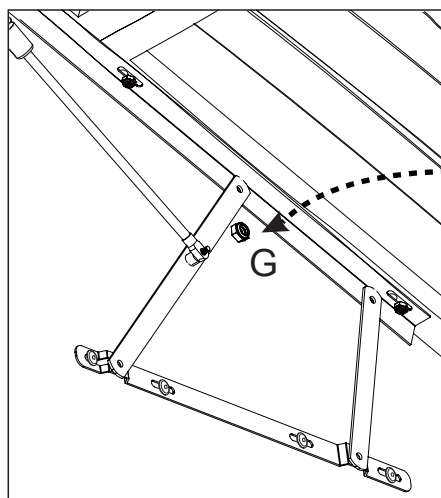
## Fitting Slat Frame - Use Pack 'C'

Stage  
8



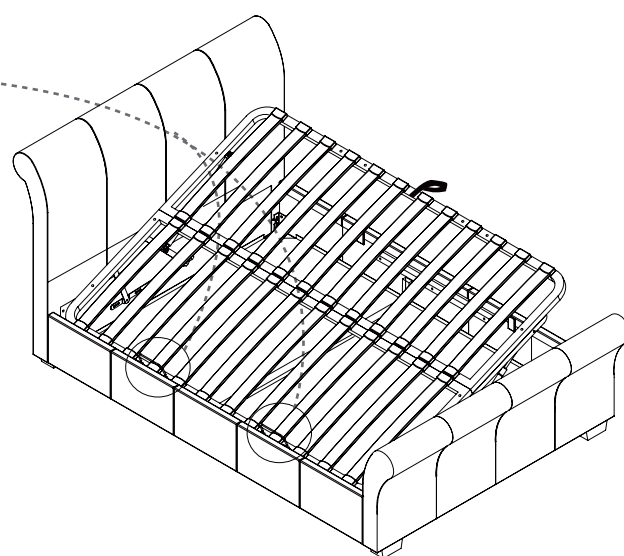
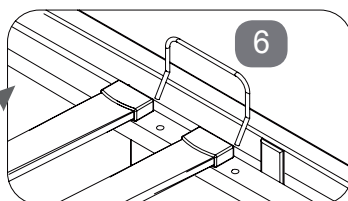
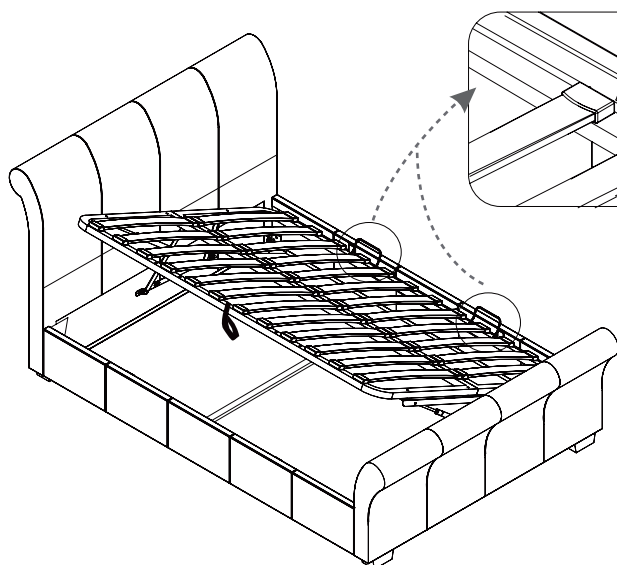
G  x2      H  x1

Slide gas-lift piston stems onto the axles then fit the flange lock-nuts (G). Tighten nuts with spanner (H) - do not over-tighten. A small gap is left so stem can move freely - this is normal - see sketch below.



Stage  
9

Push x2 Mattress Stoppers (6) into metal frame.



Note: Place mattress on slats then slowly push down metal frame ensuring the frame is aligned with the side panels. Depending on the weight of the mattress, the speed of the lift will vary so be careful until you get used to the speed.  
Always use the fabric handle to lift or lower the frame - keep fingers well away from the moving parts.